



INFORMATION ABOUT CREATIVITY, ACTIVITY, SERVICE (CAS)

Apart from taking six academic subjects, IB students must complete three core requirements which are designed to challenge and broaden the educational experience: Extended Essay, Theory of Knowledge course and “Creativity, Activity, Service” (CAS) programme.

The CAS programme is one of the compulsory components of the Diploma Programme with specific aims to educate the whole person, emphasizing personal, emotional and social growth outside the classroom. The CAS requirement of time spent on activities evenly distributed across the three strands: Creativity, Activity and Service over an 18-month period emphasizes the importance of life outside the world of scholarship.

CAS challenges the students to look beyond self and encourages them to share their energies and special talents while developing awareness, concern and the ability to work cooperatively with others. CAS enables a student to recognize that there are many opportunities in life, away from formal academic study; and encourages experiential learning and hopes to involve students in new roles. The emphasis is on learning by doing and then reflecting on their experiences, actions and thoughts over time. When carried out meaningfully, CAS should build self-esteem, confidence, autonomy and self-reliance.

All students update their CAS experiences and reflections on ManageBac, an online learning platform for IB world schools. Each student will have a CAS advisor who supports and guides your child in his / her CAS journey over his two years in the IBDP.

IB candidates must successfully complete the CAS requirements to be awarded the IB Diploma at the end of the programme. The CAS requirements are listed below:

- 6 – 10 CAS experiences in CAS portfolio with sustained involvement from Year 5 to Year 6;
- Good spread of experiences across all 3 CAS strands;
- Attainment of all 7 learning outcomes;
- Completed at least 1 CAS project.

Comprehensive information about CAS can be found in the CAS Student Handbook. Do scan the QR code to obtain a copy of the handbook. Alternatively, it can be found in Year 5 Official Team group under CAS sub-channel:

