



Anglo-Chinese School (Independent)

A Methodist Institution
(Founded 1886)



14 February 2024

Dear Parents / Guardians

MEDICAL SCREENING TESTS

Greetings from ACS (Independent).

As highlighted in the Term 1 circular, the school will be making arrangements for all newly admitted students to undergo a series of non-invasive medical screening tests in early March 2024.

The medical screening tests are an added safety measure and are compulsory for students who are involved in physical education and represent the school in sports. Students may choose to opt out of the school-arranged medical screening tests, but they are required to submit a medical certificate which indicates that they have taken a similar test within the past one year on their own, declaring medical fitness for physical activity.

The medical screening tests will be conducted in the school premises during curriculum time, with minimal disruption to the day's lessons. The screening involves:

- 1) Filling in of a simple questionnaire to ascertain significant personal and family history that may indicate that the student is at risk
- 2) Clinical screening of the student's cardio-respiratory system by a medical doctor to detect overt abnormal heart sounds
- 3) Resting Electrocardiogram (ECG) which can potentially pick up existing arrhythmias (abnormal rhythms) and other heart conditions such as cardiomyopathy and myocarditis (inflammation of the heart muscle).

This screening is strictly non-invasive and will not cause any physical discomfort.

Students with suspicious history, physical examination or ECG findings will be advised to seek further assessment by the relevant medical specialists. **It must be emphasised that no medical screening test can pick up every case of heart abnormality, nor does having a normal result now ensure that nothing will develop in future.** However, the use of the questionnaire, physical examination and ECG can pick up potentially serious conditions for follow-up with the relevant medical specialists. **It must also be mentioned that in all screening tests, there is a possibility of a 'false positive test', obliging further confirmatory tests.**

Please fill in your contact details at the link appended here

<https://zfrmz.com/2k6yoVSKul0pe9IZCW3b>

Results of the medical screening tests will be sent to your **valid email address**.

A payment of **\$25** is required. For successful subsidy applicants, the amount will be refunded. The payment is debited from GIRO together with the school fees for Term 3.

We thank you for your attention and partnership in creating a safe and enriching environment for our students.

Best Regards
Anglo-Chinese School (Independent)