

Ember/ACE

Inspired by the goal of promoting intergenerational bonding, Ember/ace was founded in 2021, and has partnered with Lions Befrienders, NTUC Health and the Society for The Aged Sick (SAS) to further this mission. Leading Ember/ace from 2023 to 2024 as the core team are Belle Phang, Kathryn Lilley, Samuel Chia, Ong Yuan Jing and Zachary Yap.

We believe that small opportunities can empower seniors to reignite their passions and share their wisdom with future generations. Together with our volunteers, Ember/ace has connected with seniors to form genuine connections, encourage intergenerational learning and raise awareness of the challenges associated with age.

At the start of 2024, our virtual fundraiser, "REIGNITE" which featured a one-month fitness challenge, amassed more than \$14,000 for the SAS. This event enriched the lives of both seniors who shared their experiences and younger generations who gained valuable knowledge and built meaningful connections.

Reflections

Though short-lived, my time as one of the core members of Ember/ace was truly memorable and heart-warming. The sessions of bonding with seniors through games and intergenerational exchanging of skills were experiences I miss dearly. As Head of Publicity, I had the opportunity to bring back our fundraiser REIGNITE, supporting the seniors financially, raising awareness, and ensuring that Ember/ace will continue to serve the seniors for many years to come. - Kathryn Lilley, 6.01

As the Core Member responsible for liaising with the Society for the Aged Sick, I had the opportunity to engage with the organisation and understand the evolving needs of the less fortunate elderly individuals in Singapore's silver society. Interacting with these seniors made me realise the value of intergenerational bonding, enabling me to draw from the wealth of experience of the older generation. I hope Ember/ace will continue to provide youth with a platform to connect with the elderly community and embrace cross-generational engagement. - Belle Phang, 6.13

Through planning and overseeing sessions with the elderly, being a part of this project has definitely been a highlight of my IB years. Being more than just-another-CAS-project, I really enjoyed working with the team to attend events like the National Youth Leaders Conference, and to even organise a fundraiser at the end of the year! I am looking forward to what our juniors are working on in the upcoming years. - Zachary Yap, 6.07

Ember/ace is a project I hold close to my heart due to my close relationship with my grandparents. Encountering many elderly individuals who do not have as many opportunities to engage with their grandchildren, sharing the love I have for my grandparents with them brought me great joy. As the Co-Head of Publicity, bringing back the second rendition of our seniors' fundraiser, REIGNITE, helped us carry on the torch of their legacy. Staying true to our vision, I hope Ember/ace will continue to ignite hearts of service in our volunteers as they foster intergenerational relationships. - Ong Yuan Jing, 6.03

Being part of the Ember/ace core team is one of the most memorable experiences of my IB journey. From liaising with the organisations, to carrying out activities with the elderly, Ember/ace has been gratifying and unforgettable. As the NTUC Health sessions were focused on intergenerational sharing of skills and knowledge, I not only had the privilege of serving the community, but also gathered much wisdom and knowledge from my interactions with the seniors. I hope that Ember/ace continues to become a beacon of inspiration for youths to carry out similar projects, with the heart to serve our community. - Samuel Chia, 6.16



Core team of volunteers 2023 – 2024



