

## **YEAR 5 CLASS CAS PROJECT: COLLABORATION WITH ACTIVE GLOBAL HOME & COMMUNITY CARE**

From 16 May to 21 June 2024, students from 5.02 undertook a Class CAS Project in partnership with Active Global Home & Community Care, a Singapore-based provider of holistic home and community-based eldercare and nursing services. Students volunteered at two of their Active Aging Centres, Ghim Moh and Telok Blangah, once a week. As a class, we organised 1.5-hour sessions featuring exercises, games, and arts and crafts to enhance the seniors' well-being. Through meticulous planning and brainstorming, we ensured each activity was enjoyable while developing a deeper respect for the dedicated work of social workers caring for the elderly. The experience was both rewarding and enlightening as we interacted with the seniors and learned about their lives. We are eager to continue our volunteer work with Active Global in the future.

Brayden Sim

5.02 Exodus



Generations united through creativity



Seniors and students come together for a bilingual karaoke performance



Seniors following along with simple seated exercises and stretches



From imagination to reality: the seniors' artwork takes shape.